

Nomination for Carolyn Ouya for position of Director of Education for Silayan Filipina 2020

Submitted by Anne S. Bautista, President of Silayan Filipina.

December 11, 2019



I enthusiastically nominate Silayan Filipina Sister Carolyn Ouya, millennial poet and visionary extraordinaire. She has engaged with Silayan events since 2015 and served as one of our dynamic coaches for the Karilagan program which has inspired a diverse group of young women to come forward and seek guidance and mentorship. She already has amazing ideas for workshops to engage young



women and to address issues affecting the community from mental health to caregiving and finding your purpose by seeing barriers as opportunities for change.

For a young woman of 28, she has impressed me over the last four years with her ability to connect with diverse communities, in particular with young women who are still trying to find their purpose. The Director of Education role needs someone that can connect with diverse communities and propose topics to engage meaningful discussion. The person in this position also needs to truly understand and embody the mission and vision of Silayan Filipina to be able to impart that message to prospective new members. Ms. Ouya, over the last four years, has demonstrated that she embodies our core set of values of education, empowerment, and celebration.



Ms. Ouya not only attended our first Senior Prom in 2015 where she danced the night away, she attended subsequent workshops and eventually performed in the Senior Prom for 2017. She was my key supporter for implementing the Silayan Karilagan Program into Access' efforts to work with youth and has taken on the Karilagan coach role to reach those that were "Barely Adulting" --the 20 somethings. In fact, since the workshop, several young adults have come forward to seek her guidance in professional development, self-care, and mental health awareness within their communities.



She has expressed to me numerous times how much she loves Silayan and how she truly appreciates our mission and our vision to “lead and positively impact the world.” She has seen me in the various roles as Education Director to President and now understands how I am able to connect my work with Silayan with my other roles as Access Legal Program Director, CWSL Law Professor, and FIRE Women’s Leadership Instructor to make a broader impact to empower all women to speak their truth.

Finally, she has shared Silayan’s many accomplishments and events through her various and vast networks which has helped Silayan to be regarded as an organization that is a true leader in the field of women’s empowerment and community support.

Sample notes Ms. Ouya posted about Silayan Filipina on Instagram/Carenote



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access.inc Today our Karilagan Youth Program with @silayanfilipina used #theater to explore emotions, human connection and the power of storytelling. Thank you to @uofsandiego professor Soroya and her awesome students for today!

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lvmcfair So happy to have @access.inc a part of #LVMCF2019 this year! 🙏❤️

16 likes
MARCH 2



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.Thank you to renowned author and The Restless Books Prize for New Immigrant Writing recipient @gracetalusanwriter , Playwright and 2019 Access Inc. Esperanza winner @tvdecastro , Carlos Palanca winner and author of The Mango Bride @marvisoliven , @thecityofsandiego , and The @newamericansmuseum for making this all possible. Also a special shout out to our partner @silayanfilipina for continuing to lead the way in advocacy and empowerment.

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gracetalusanwriter Thank you! It was great.

4w Reply

10 likes
NOVEMBER 4



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care.note My #womenscrushwednesday shoutout goes to all my @silayanfilipina sisters. Silayan Filipina is a national organization dedicated to educational outreach, community service, and the #empowerment of women. While I am not of Philippine heritage, it has been an honor to join Silayan in creating culturally competent and empowerment based programming for the San Diego community. Thank you to my Silayan sisters for your warm welcome and can't wait to see what the new year holds. #proudmember #empoweringwomen #leadership #service #education #advocacy #community

As such, she is ready to take on the role of Education Director for Silayan Filipina and I would love to give her the opportunity to do so. I therefore, wholeheartedly, submit my nomination for Ms. Ouya. Here is her bio from her website <https://www.careouya.com/about>

- A B O U T M E -

I am a hardworking, passionate and innovative thinker invested in diverse mental health, public health, and sustainable development initiatives. I currently serve as **Outreach and Strategic Partnership Coordinator, Executive Coaching Program Coordinator, and Legal Advocate** for Access Youth & Immigration Services, one of the largest workforce and victim services agencies in San Diego, California. Through collaborative, trauma-informed and evidence-based practices, I provide avenues for holistic healing, system change, and economic empowerment of the most marginalized.

I graduated from Miss Porter's School, in Farmington, CT dedicated to educating girls on "Shaping a Changing World." I received a Bachelor's degree in Psychology and Public Health from Santa Clara University.

I am also a **Marriage Family Therapy (MFT)** graduate student at The Chicago School of Professional Psychology. I intend to develop culturally competent interdisciplinary mental health clinics, a public health consulting firm and a foundation dedicated to enhancing community through **advocacy, awareness and innovation**.

Sincerely,

Anne S. Bautista, Esq.
President of Silayan Filipina

